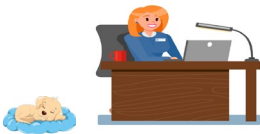


SEVCA Head Start Newsletter

Monthly Newsletter May 2025



FROM THE DESK OF THE DIRECTOR . . .

Dear Parents & Staff,

I can hardly believe another year of Head Start is coming to a close! It is so nice to finally see the sun and enjoy the warmer weather! Last month we conducted our annual Self-Assessment and the results are included in this newsletter.

The Parent and Staff Survey's have also been completed and the results have been shared with each classroom to be posted on the Parent Board at your center. If anyone has any questions, please reach out to me.

We have a lot going on right now for Head Start! We are focusing on recruitment for the 2025-2026 program and are almost full, so if you know of anyone that that is interested, please have them contact our Family Partners (Katie at CCP/kmurphy@sevca.org, Michohn at PSP/mparmenter@sevca.org and Lindsay at the HS Team Office/ldecell@sevca.org).

We are very happy to welcome Kim Fox as the Teacher

Associate for Chester Community Preschool. If you have not had the chance to meet her yet, please take a moment and stop by and introduce yourself. We are happy she has joined our Head Start family.

We are still waiting to hear from OHS on whether we will be re-awarded the head Start grant. We should know by July 1st if SEVCA has been selected as the grantee.

There has been a lot going on with Head Start recently, so we want to share that we are still offering quality services to children and families and educating staff and parents on how to be advocates for themselves and ideas they believe in.

All centers are doing year-end celebrations, so I hope you can make the time to join us for these festive events. It is always bittersweet to see some of the kids transitioning to kindergarten and others staying with us for another program year.



I would like to thank all of our Head Start staff for all the hard work you do each day to make our program a success! I know

this year has not been easy on many levels, so I appreciate all of you for staying with us-even through the hard times! And a huge



thank you to all the parents who have joined us for a meal, parent workshop or program event...it really does take a village to do this work, so thank you for making the time to be part of our program!

Have a great month and enjoy the summer!

Lori Canfield

SEVCA Windsor County

Head Start Director

Important days to remember

May 9, 2025~ PTC #4 (Centers & Child Care Closed)

May 14, 2025~ Policy Council Mtg

May 16, 2025 ~ Early Release/Ed Meeting (Child Care Open)

May 20, 2025 ~ Last Day for Children

May 22, 2025 ~ SEVCA All-Staff In-Service Day

May 23, 2025 ~ Last Day for Staff

May 26, 2025 ~ Holiday/Closed

May 26-30th, 2025 ~ Summer Child Care CLOSED, Summer Child Care will begin on June 2, 2025



The following children had 100% attendance

In April:

Chester Community Preschool:

CCP1: None

CCP2: Fritz W., Colt W.

Pine Street Preschool:

Willow Room: Landon L.

Daisy Room: Lucas B.

Classroom Updates...

Chester Community Preschool

CCP1

Ms. Jodie, Ms. Karie and Ms. Sarah

We have been learning about Spring Things for the month of April! We turned our dramatic play area into a Pancake Cafe. The kids have had fun taking orders, preparing pancakes and serving up the food! We watched a video by Highlights Magazine titled *Ever Wonder How Maple Syrup Is Made?* This informative video explained the process of how sap is collected, boiled and then bottled. We then did a little syrup sequencing of our own! We had a walking field trip to The Country Girl Diner where we enjoyed pancakes, bacon and real maple syrup! What a great experience this was!

We painted "mud" on paper and then made bugs to go in the mud! This was a great process art activity where each child was able to explore the art tools we had to paint with. They also used a variety of shapes to create bugs! We made caterpillar names. The big letter **U** was turned into an umbrella. We made a class book titled *On A Rainy Day I Like To...* The kids made drip drop paintings at the easel. The kids used blue watercolors mixed with glue and then used eyedroppers to make the paint drip from the top of the paper. They then added cotton balls at

the top to represent the clouds. We did a fun science experiment called Rain Cloud in A Jar. We took a large jar filled halfway with water, added shaving cream and then dripped blue watercolor on top. The kids made predictions about what would happen before we added the watercolor and then they were surprised to see what actually happened!

We made fresh squeezed orange juice, then the kids tried it compared to store bought juice, then we made a class graph. There were 10 people that liked fresh squeezed orange juice and 7 people that preferred the store bought juice! We added zinnias to our big letter **Z** then had the chance to plant some real zinnia seeds. We are excited to watch them grow into flowers. At the easel we explored painting flowers with forks! This process was so fun and they came out amazing!

We have a new worm farm in the classroom. This is a hands-on-learning adventure that will highlight the importance of worms in our ecosystem. The kids will be feeding the worms and observing them in their environment.

We are excited to be learning about Summer for the month of May!





CCP2

Ms. Randi, Ms. Kim, Felicia

Spring is in full bloom, and our classroom is bursting with excitement as we explore the wonderful changes this season brings! From sunshine to sprouting flowers, we've been busy learning, growing, and playing together. Here's a peek at what we've been up to this month:

Springtime Walks Around Town

We've been taking nature walks around town to spot signs of spring! The children loved pointing out blooming flowers, budding trees, chirping birds, and even a few puddles

perfect for jumping. These walks help us observe seasonal changes and spark lots of conversation and curiosity. One special walk took us to the local diner, where we got to taste real maple syrup poured over warm pancakes—yum! It was a sweet way to learn about how maple syrup is made and enjoy a little springtime treat.

Sunflower Seed Names

The children used sunflower seeds to create their names! This fun, hands-on activity supported letter recognition and fine motor skills—plus, they loved feeling the texture of the seeds and seeing their names come to life in such a unique way.

Planting Flower Seeds

Little hands got a bit dirty (and had a lot of fun!) planting flower seeds. We talked about what plants need to grow and made predictions about when we'll see sprouts. The kids are so excited to care for their flowers and watch them grow day by day.

Rhyming Flower Memory Game

To keep language skills blooming, we played a rhyming flower memory game. The children matched flower cards with rhyming words (like "bee" and "tree"), building phonemic awareness while having lot'

Chester Community Preschool's **Family Partner**



Wow—can you believe the school year is already coming to an end? Time has flown by, and I want to take a moment to thank all of our wonderful families for

your support throughout the year. It has truly been a joy getting to know each and every one of you.

To those of you heading off to kindergarten—while it's bittersweet to say goodbye, I'm so excited for all the amazing things you'll do and learn in this next chapter. For those returning in the fall, I can't wait to welcome you back and hear all about your summer adventures!

We are currently accepting applications for the fall, so please help us spread the word about our program to families with children ages 3-5. We'd love to welcome even more great families into our community.

Wishing you all a summer full of sunshine, relaxation, and new adventures. Thank you again for a fantastic year! Be sure to check out the fun Summer Schedule included to enjoy with your family.

As always, if you have any questions, comments, or concerns, please don't hesitate to reach out.

Warmly,
Katie Murphy
Family Partner



PINE STREET PRESCHOOL

DAISY ROOM

Ms. Ruby, Ms. Meagan, Ms. Sarah

Hello Families!

For the month of April we have been investigating Spring and everything that Spring brings. We have learned parts of an insect and even have a song to go with them. "Head, thorax, abdomen, abdomen" and just sing it to the tune of "Head, Shoulders, Knees and toes"!

There were a few fun visitors this month too! VINS came and talked about the different parts of plants and how they grow. Ms. Ruby even did a seed germination experiment using a tissue and a ziplock bag for all the kids. I wonder what will happen?

Our tooth tutor came and taught the kids how to properly clean all their teeth. Did you know potatoes are and aren't good for our teeth, because I didn't.



As spring hopefully comes and goes we are looking forward to a fun filled end of year celebration and hope everyone has a wonderful summer!

WILLOW ROOM

Ms. Ruby, Ms. Nicholle and Ms. Alisyn

Hello friends! It is incredible that we are at the end of another school year. In the month of April, we learned about spring. We learned about so many things that happen during this beautiful season, including weather changes, clothes to wear, how to plant seeds, parts of the plants, and how to take care of plants. We also learned about bugs. We learned a song about insect body

parts called "Head Thorax Abdomen" to the Tune of Head Shoulders Knees and Toes.

We also did a seed germination experiment using a tissue and zip lock bag. Some friends said, those seeds will grow and some friends said they are not going to survive because there's no soil in it. It was really exciting for everyone to see some seeds sprouting after a couple of days inside the bag.

We've also planted some grass seeds in the pots. We made sure that our seeds get a drink every day to grow healthy. We've also read interesting books about planting. "Grow Flower Grow" by Lisa Bruce was everyone's favorite book. We also made a 3D part of the plants craft. We also learned a song entitled "Roots, Stem, Leaves, Flower" sung to the tune of "Head, Shoulders, Knees, and Toes".



Our Tooth Tutor also came to visit and taught about taking care of our teeth. It was really cool. We love spring season. April was such an awesome month for all of us!



Next month, our theme is going to be about Farm.

PINE STREET PRESCHOOL'S FAMILY PARTNER



WOW, it's the end of the year already. I just can't believe how fast this school year has gone by. I feel

like the older I get the faster time goes by. I want to Thank all of our Pine Street Families for letting me into your homes and letting me get to know your families. To the families that are moving on to kindergarten next year; I wish you all the best and I will miss you. To my returning families; I look forward to spending more time with you next year! To my families that will be attending our summer Child Care program please let your teachers know if you have any needs and questions throughout the summer.

Please spread the word about our program to anyone that you may know with children 3-5 years old.

I hope everyone enjoys the summer. Make sure to get out in the sunshine and have some fun. Here is a fun Summer Schedule to try with your family!

If I can be of assistance, please do not hesitate to contact me with concerns, comments, or questions.

Michohn Parmenter
Family Partner



NEWS FROM THE EDUCATION/DISABILITIES

SERVICES MANAGER

Jodi C. Farashahi

It is incredible that we are at the end of another school year! Final parent teacher

conferences are scheduled for May 9th, and teachers should be informing families of children moving on to Kindergarten about registration days, and orientations. Good luck to our transitioning friends, and we look forward to working with our returning families and children next school year. Have a wonderful summer!

Here are the Child Outcomes for the Spring Assessment:

Program Areas of Strength~
Social/Emotional Development and Physical
Gross Motor Development

Program Areas of Focus~ Cognitive
Development and Literacy Development

Transitioning Children Areas of Strength~
Social/Emotional Development and Physical
Gross Motor Development

Transitioning Children Areas of Focus~
Cognitive Development and Mathematics

Children on IEPs Areas of Strength~
Physical Gross Motor and Fine Motor
Development

Children on IEPs Areas of Focus~ Cognitive
Development

so pieces should be manageable for your child. You can even give your child a butter knife and have them cut some of the fruit up, while you observe to ensure that they don't get hurt. Place a serving into a small bowl, top with yogurt and ENJOY!



Fruit Salad

Ingredients: Any fresh fruit you would like to add (pineapple, oranges, apples, grape-halves, bananas, kiwi, peaches, pears, etc.) Yogurt

Directions: Cut up the fruit into bite size pieces. Remember that children easily choke,

Secondhand Marijuana Smoke

The known risks of secondhand exposure to tobacco smoke—including risks to the heart and lungs¹—raise questions about whether secondhand exposure to marijuana smoke causes similar health risks. Secondhand marijuana smoke contains many of the same toxic and cancer-causing chemicals found in tobacco smoke and contains some of those chemicals in higher amounts.²

Secondhand marijuana smoke also contains tetrahydrocannabinol (THC), the compound responsible for most of marijuana's psychoactive effects (or the "high"). THC can be passed to infants and children through secondhand smoke, and people exposed to secondhand marijuana smoke can experience psychoactive effects, such as feeling high.^{3,4} Recent studies have found strong associations between reports of having someone in the home who uses marijuana (e.g., a parent, relative, or caretaker) and the child having detectable levels of THC.^{5,6} Children exposed to THC are potentially at risk for negative health effects. More research is needed to understand how secondhand marijuana exposure may affect children. Other research shows that marijuana use during adolescence can impact the developing teenage brain and cause problems with attention, motivation, and memory.⁶ To learn more about the long-term effects of marijuana use, please visit the [health effects section](https://www.cdc.gov/marijuana/health-effects/second-hand-smoke.htm) (link below).

<https://www.cdc.gov/marijuana/health-effects/second-hand-smoke.htm>

Prevention Partners' Series Youth Mental Health First Aid

In person at the Springfield
Town Library
43 Main St, Springfield, VT
05156

Want to learn how to better support youth mental health? Join Sunny Naughton and hear why mental health matters. Learn tips on Youth Mental Health First Aid and other Mental Health Literacy programs available to families in Vermont.

For more information contact:
Tracey Craft, Adult Services
Coordinator 802-885-3108
stlvtprograms@gmail.com



Birthday News: May, June, July & August

Chester Community Preschool

CCP2 - Annaline O. 5/6, Colt W. 6/17,

CCP1- Ellum N. 5/17, Eleanor R. 6/25,

Arabella U. 7/02, Lucy H. 8/9, Kane M. 8/12

Pine Street Preschool

Daisy- *Wynter H. 7/27*

Willow- *Greyson R. 5/31, Nicholas W. 6/30, Janiyah L. 8/15, Traittan F. 8/17, Bailey C. 5/14*

Head Start Staff

ERSEA Coordinator- Lindsay 5/12

Ed/Disability Manger- Jodi F. 6/7

Willow Room Lead Teacher- Ruby 6/8

CCP #2 Teacher Assistant- Felicia 7/7

Head Start Director- Lori 7/14

Fam/Health/MH Manager- Barb 7/23



SEVCA Windsor County Head Start Menu

May 2025

Chester • Springfield




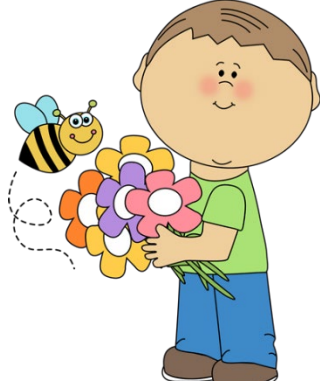
Monday

Tuesday

Wednesday

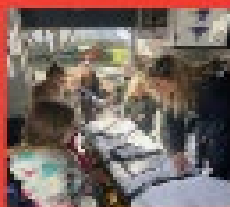
Thursday

Friday

			<p>1</p> <p>Breakfast WGR Oatmeal Muffin Squares Pears 1% unflavored milk</p> <p>Lunch Ground Beef Sloppy Joe WGR Bun Green Beans Blueberries 1% unflavored milk</p> <p>Snack Yogurt WGR Cereal</p>	<p>2</p> <p>COOK'S CHOICE</p> 
<p>5</p> <p>Breakfast WGR Cereal Mandarin Oranges 1% unflavored milk</p> <p>Lunch Turkey and Cheese WGR Pita Cucumbers Orange Slices 1% unflavored milk</p> <p>Snack Peanut Butter and Apple Slices</p>	<p>6</p> <p>Breakfast WGR Toast Peaches 1% unflavored milk</p> <p>Lunch Cheese Pizza on WGR Toast Garden Salad Watermelon 1% unflavored milk</p> <p>Snack Yogurt Graham Crackers</p>	<p>7</p> <p>Breakfast WGR Pancakes Bananas Strawberries 1% unflavored milk</p> <p>Lunch Spaghetti with Beef Meatballs Mixed Veggies Honeydew Melon 1% unflavored milk</p> <p>Snack Celery Sticks with Peanut Butter</p>	<p>8</p> <p>Breakfast WGR Bagels Pears 1% unflavored milk</p> <p>Lunch Baked Chicken WGR Rice Green Beans Bananas 1% unflavored milk</p> <p>Snack Apple Slices Cheese Slices</p>	<p>9</p> <p>COOK'S CHOICE</p> 
<p>12</p> <p>Breakfast WGR Cereal Pears 1% unflavored milk</p> <p>Lunch Ham and Cheese on WGR Tortilla Celery Orange Slices 1% unflavored milk</p> <p>Snack Carrots WGR Wheat Thins</p>	<p>13</p> <p>Breakfast French Toast Strawberries 1% unflavored milk</p> <p>Lunch Cheese Pizza on WGR Sandwich Thin Garden Salad Cantaloupe 1% unflavored milk</p> <p>Snack Bananas Teddy Grahams</p>	<p>14</p> <p>Breakfast WGR English Muffins Mandarin Oranges 1% unflavored milk</p> <p>Lunch WGR Macaroni and Cheese Carrots Strawberries 1% unflavored milk</p> <p>Snack Cucumbers Cheese Sticks</p>	<p>15</p> <p>Breakfast WGR Toast Peaches 1% unflavored milk</p> <p>Lunch Turkey Burgers WGR Rice Blueberries Broccoli 1% unflavored milk</p> <p>Snack Yogurt Mixed Berries</p>	<p>16</p> <p>COOK'S CHOICE</p> 
<p>19</p> <p>Breakfast WGR Cereal Peaches 1% unflavored milk</p> <p>Lunch Chicken WGR Bread Carrot Sticks Honeydew 1% unflavored milk</p> <p>Snack Peanut Butter Yogurt Apple Slices</p>	<p>20</p> <p>Breakfast WGR Granola Yogurt Fruit Salad 1% unflavored milk</p> <p>Lunch Ham, Turkey and Cheese on WGR Bread WGR Pasta Salad Watermelon 1% unflavored milk</p> <p>End of Year Celebration</p>	<p>This institution is an equal opportunity provider.</p>	<p>This menu is subject to change.</p> <p>WGR=Whole Grain Rich</p>	



Check Out Our Preschool



Mission Statement:
SEVCA Head Start empowers children & families to build opportunities for success through education & resources.

Head Start is a federally funded, collaborative preschool program that provides services to children ages 3-5 in Windsor County. Children with disabilities, homeless, and non-English speaking families are encouraged to apply. For more information, or to complete an application, please call the Head Start center that serves your school district below. There is no cost for qualified families. Transportation is not available, however we will assist with car-pooling information. Please note that children must be 3 by September 1st.

We provide:

- Safe, loving environments
- FREE breakfast, lunch and snack
- Family opportunities: Parent Groups, Policy Council, Participation in your child's education, and Fun Events!!
- Resources and Referrals for various family interest
- Health and Nutrition for children; hearing and vision screenings
- 30 hours of preschool at NO COST to families that are income eligible
- Full Year Child Care Available, Participation in Universal Pre-K (10 hours of FREE Preschool with paid, full day childcare options)
- 5 STARS Program

www.sevcaheadstart.org

Pine Street Preschool (Springfield): 802.460.1285

Chester Community Preschool (Chester): 802.460.0297

After May 31st? Please call the Administrative Office, 802.674.8415 or email lanfield@sevca.org



SCAN ME



Self-Assessment 2024-2025 Data Summary Report

March 14, 2025

This year the Self-Assessment process was held as an in-person, one day event to present, review and discuss the data sets the management team has worked on over the last several years. We are in year 5 of our grant cycle. The Self-Assessment Data Review was on Wednesday, March 14, 2025 from 9:00-2:00 We invited Head Start staff, SEVCA Staff, HS Policy Council, SEVCA Board, HS Parents and Community Members to join us for this data analyzing journey. The individuals that were able to attend and be part of the team to analyze the data consisted of: 7 Head Start staff, 5 staff from SEVCA, 1 (also on Policy Council) parent, and 2 community members.

This year's Self-Assessment was a little different than previous years, due to the Change in Scope that was approved in June 2024, which reduced the funded enrollment from 83 children to 45. Comparing data from the previous 4 years would not make sense, as the numbers would be too far skewed to make sense. So, we decided to use this year's data from September 2024 to February 2025. Next year we will plan to provide the picture for the full 2024-2025 program year, and then the third year, we will have another year to compare data too.

The Head Start Team reviewed data from the following areas: Enrollment/Eligibility, Attendance, Staff Turnover, 5 Year Goal Planning, Professional Development, Family Service PIR Data, Recruitment, BMI, Dental/Medical, Immunizations, Outcomes for children, School Readiness Goals, IEP/Referrals for children, Staff Qualifications, and CLASS scores. A power point presentation was shared to orient the participants on what Self-Assessment was all about. A Summary was also created from information shared by the participants to create areas of strength and areas that need to be improved for all data sets. The summary is shared below.

Self-Assessment Summary ~ March 14, 2025

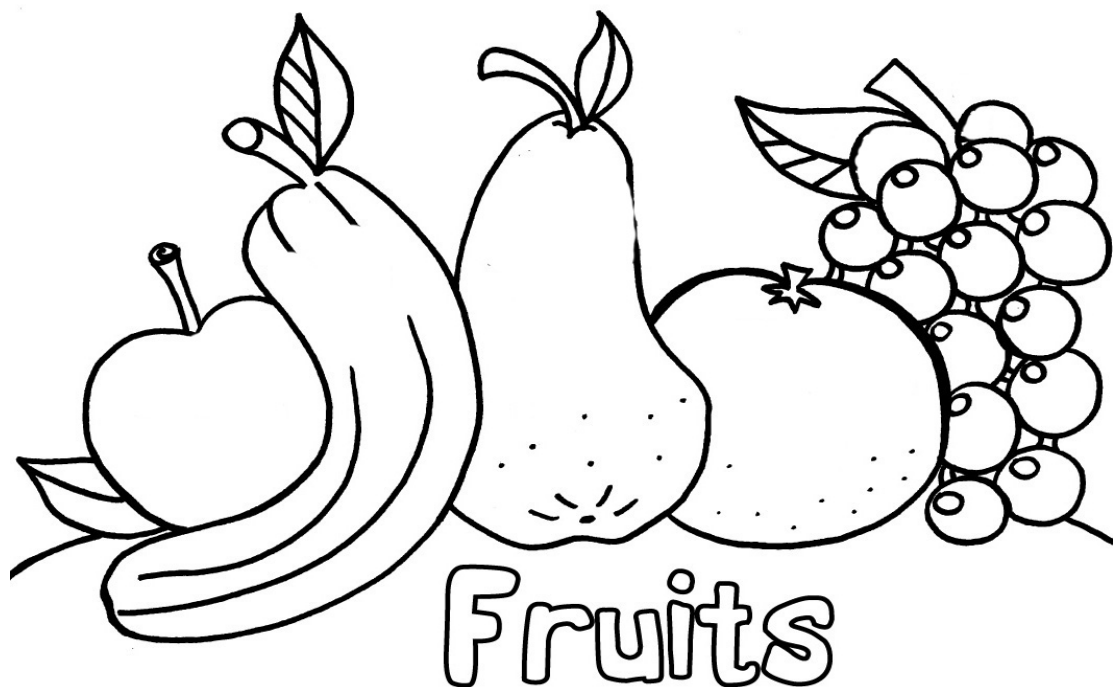
<u>Data Topic:</u>	<u>Area of Strength:</u>	<u>Area of Improvement:</u>
ENROLLMENT/RECRUITMENT/ SELECTION/ELIGIBILITY/ ATTENDANCE	Staff are dedicated to find new ways to recruit new families.	
	Enrollment has been maintained at 97%-100% the entire year!	Neither Chester nor Springfield was able to meet the full enrollment of 30 children at each center, which included the child care option.
	Recruitment by word of mouth is the best way to get the word out.	Public schools have also opened more Pre-K programs, which provides the one stop drop-off for parents, so they have opted to enroll their child at the school Pre-K programs. This makes it more competitive for programs.
	Fabulous recruitment materials have been created and shared with the community.	
	Interventions with attendance by Family Partners helps keep families accountable.	Looking at changing attendance reasons in GoEngage, so we can better track reasons why children are absent.
	The new allowance of letting mortgage and housing costs be deducted from a families gross income, has resulted in making more children eligible	Comment/Suggestion: Breaking down Recruitment to identify which SEVCA programs are referring to Head Start.
	Strong relationships have been developed with parents/families	
	Child Care is full and has continued to help increase the enrollment for Chester and Springfield.	
	Partnering with SAPA TV do produce a commercial which will be used for recruiting both children for enrollment and staff for open positions.	
STAFF RETENTION	Majority of staff have stayed with us for 5 or more years.	10 staff left: 1 lead/licensed teacher, 2 coordinators positions, 2 teacher associate, 4 teacher assistants and 1

		cook at the same center. (Of these, 4 were eliminated due to the CIS)
	Wages were increased significantly with the CIS, so we are better able to be more competitive with public schools, which has helped with keeping staff. We will continue to focus on this work.	Unable to fill 3 positions for more than 3 months: 1 teacher associate position, and 1 lead/licensed teacher, 1 Practice-based Coach/Child Development Support Specialist.
	Still able to offer a sign-on incentive of \$1500 for new staff.	Unable to find and hire substitutes this program year, which created a lot of stress when staff were out.
	Currently we have 21 staff. Of these, 16 are former parents and only 5 were not.	COVID has changed the world and staff or more self-focused and doing wants best for them. As a result, lots of individuals have left the ECE profession.
PROFESSIONAL DEVELOPMENT	Still meeting our training requirement. Provided a total of 1747 hours in training provided	Comment: Compare # of trainings that are free VS what is paid for.
5 YEAR GOAL PLANNING 2020-2025	4 Overall Goals, with 56 Objectives, 49 fully met, and 7 not met. Of the 7 not met, 5 of these is due to Outcomes not be completed until Spring 2025.	Comment: Could pull data on why objectives were unmet and graph that.
COMMUNITY ASSESSMENT	Numerous strengths- see CA Summary	Still working on the following: Child care, transportation, mental health services.
STAFF QUALIFICATIONS	Meeting or exceeding Head Start qualifications for teaching staff	More training could be offered for staff around children with developmental and/or health needs.
	Availability of professional development, as well as financial assistance if needed	Ed Manager and Practice Based Coach work collaboratively to align professional development goals for teaching staff

	Continue to train staff to step into higher positions	
IEP/REFERRALS of CHILDREN	Strong collaboration and communication with Early Childhood Special Education (ECSE) providers	Comment: Percentage of referrals seems high (same # of referrals as when we had 83 children enrolled)
	Monthly Consult meetings are happening with all providers	Increase of number of IEP's in the classroom and how this effects the dynamics of the group
	Need for Sensory Room to be available for children with challenging behaviors- one has been created for CCP	Need to create a sensory room for PSP
CHILD OUTCOMES/SCHOOL READINESS GOALS	We have screening tools to better determine need for referral to ECSE	When a child leaves or starts after Fall, skews the overall number and placement
	Ability to collect and report out on variety of data	Changes in classroom staffing, causes different staff rating children which can cause inconsistencies
		Fall data had higher percentages of children meeting or exceeding expectations-makes it seem like less progress for Winter
CLASS SCORES	More observations than required, as we do 3 each program year (Fall, Winter and Spring)	FA2-shows we are up for re-competition due to CLASS scores in the Classroom Organization Domain.
	Enrolled all teaching staff into TeachStone CLASS portal, which provides specific support for areas identified from CLASS observation	National CLASS scores have not been available since 2020.

FAMILY SERVICES	Data Tracking and supplying family resources.	Getting parents to participate more in the classroom. Thoughts were to involve families in the classroom more.
	Direct supports to families (doctors, dentists, parent education) The overall strength is that of the Family Partner role. Having staff who do monthly contacts with families, two annual home visits, offering monthly engagement activities, as well as supporting teaching staff, has proven to develop positive relationships with parents so they feel comfortable participating in engagement activities, not only with other parents, but with their child's development. Parents are becoming empowered to be an advocate for their children and become partners of their child's educational development planning. They are also able to realistically see how it isn't impossible to meet their desires-moving, going back to school, finding employment. By having support and helping them with steps, goal planning becomes more realistic. Goals also can be anything. Getting a child to school or buying a house is a goal.	They may be more apt to get involved in Parent Meetings and Parent Trainings. A couple suggestions were to have a "Secret Reader". Ask a parent to come in to read a story. The parent will be a secret to the children until they arrive, then showcase them in the newsletter. Another thought was to provide a schedule for the parents as to what they can do to volunteer when they are in the room. Also provide supplies for families who cannot come in. Maybe ask parents to cut out items for activities.
		There was discussion around the types of housing that people have. Is it safe, enough space, warm enough, maintained? This is an area that we can look at and collect data on in the future.
		Comment/Suggestion: Add up all of the goals families had (could do this by center and then as an entire program) and compare how many of the overall goals were fully met or not met. Can be compared from year to year, over time.

HEALTH SERVICES	The level of support/resources that Head Start provides for families. The team thought our biggest strength were family partners in this role. Being able to assist families in getting a doctor or dentist, transportation to appointments if that is a barrier, etc.	The team thought it would be nice if Head Start could have a vaccination day for families (flu and covid).
	They also appreciated that we send out reminder letters for appointments, as appointments are sometimes easily forgotten.	To establish a deeper connection with WIC. We were surprised to see only half of our families are accessing WIC benefits. 93% of our families have Medicaid for insurance which is an automatic qualifier. More education around the program. Family Partners will reach out to parents to connect them with WIC, for those that don't currently have it, but qualify for it.
	Community collaboration with medical and dental homes, WIC, the tooth tutor, etc.	
	The GoEngage system	



- Fruits contain vitamins and minerals that help your child grow and stay healthy.
- Fruits can be fresh, frozen, or canned.

Smoothie Recipe

Ingredients

- 1 banana, small, ripe
- 1 cup Frozen fruit (you choose your favorite)
- 8 ounces yogurt (you choose your favorite)
- $\frac{3}{4}$ cup milk; 1% or skim

Directions

1. Peel banana. Using cutting boards and butter knife, cut banana into 1-inch chunks. Place the banana chunks in the blender.
2. Place the frozen fruit, yogurt, and milk in the blender with the banana.
3. Cover the blender and blend on high speed for about 1 minute or until the mixture is smooth.
4. Pour smoothie into cups, and enjoy!

WIC APPROVED ACTIVITY

Today your child learned about fruits and colored this picture for you to post on your refrigerator.

To get credit for this WIC Approved Activity, call your WIC Office at **289-0600/295-8820** and let us know the recipe on this page.

